

ACKNOWLEDGEMENT AND RELEASE

Name of Workshop: INTERMEDIATE LEVEL TRAINING: SKILLS AND APPLICATIONS

Date: March 19-20, and April 2-3, 2011

Location: Alumni Hall, Mezzanine, Room M23,
Thomas Jefferson University, 1020 Locust Street,
Philadelphia, Pennsylvania

The undersigned acknowledges that he/she has volunteered to participate in an academic activity/workshop in which he/she may be induced into a hypnotic trance with other participants and faculty.

The undersigned does not have any medical problems or other special conditions that may prevent him/her from fully and beneficially participating in all academic/workshop activities, except as have been disclosed to faculty members.

The workshop provides an opportunity to participate in academic discussions. The undersigned agrees that individual participant practitioners shall respectively retain sole and exclusive responsibility for the treatment of their patients and clients.

The undersigned acknowledges that he/she is free to disclose or not disclose personal information about himself/herself. The undersigned agrees to not disclose personally identifiable information concerning his/her patients/clients, or other recipients of his/her services, and he/she agrees to take reasonable steps to disguise the persons discussed during the course of academic activities/workshop.

The undersigned agrees to hold harmless The Greater Philadelphia Society of Clinical Hypnosis, its Board of Governors, employees and members, the faculty and other participants in today's academic activity/workshop, and Margolis Berman Byrne Health Psychology P.C., and to indemnify them from and against any and all possible claims, damages, and costs arising from the undersigned's participation in today's academic activity/workshop.

Printed Name _____

Signature _____

Date _____



Jointly sponsored by

*The Greater Philadelphia Society
of Clinical Hypnosis*

and

*Margolis Berman Byrne
Health Psychology, P.C.*

INTERMEDIATE LEVEL TRAINING IN CLINICAL HYPNOSIS: SKILLS AND APPLICATIONS

**March 19 and 20, 2011
April 2 and 3, 2011**

**23 CE Credits Approved by the
American Psychological Association**

**23 Credits toward ASCH/GPSCH
Membership/Certification**

Workshop Faculty:

Judith Berman, MA: Licensed Psychologist, President, Margolis Berman Byrne Health Psychology, P.C., GPSCH Past President, ASCH Approved Consultant. Specialty: Chronic pain and illness, PTSD, Dissociative Disorders, teaching clinical hypnosis.

Brenda Byrne, PhD: Licensed Psychologist, Partner, Margolis Berman Byrne Health Psychology, P.C., GPSCH Past President, Greater Philadelphia Pain Society - Past President, Research Assistant Professor, Department of Neurology, Jefferson Medical College; Director, Seasonal Affective Disorder Clinic, ASCH Approved Consultant. Specialty: Pain/stress management, sleep disorders, seasonal affective disorder, hypnosis and EMDR.

Bonnie Carpenter, MA: Licensed psychologist, ASCH approved consultant, certified homeopath, trainer in psychodrama. Private practice Philadelphia, PA. Specialty: stress management, pain management, psychotherapy, focused on discovering paths to living well in this moment.

Karen Clark-Schock, PsyD., ATR-BC: Licensed Psychologist and Board Certified Art Therapist. Adjunct Professor and Director of Art Therapy at the University of the Arts as well as Assistant Professor within the Hahnemann Creative Arts in Therapy program, at Drexel University. Private practice in Paoli, PA. Specialty: in women's issues, imagery for health and pain relief, stress management and optimizing creativity as a resource and strategy for problem solving and life transitions.

Reinhild Draeger-Muenke, PsyD, LMFT: Licensed Family Therapist in private practice, Bala Cynwyd, PA, GPSCH President, ASCH Moderator, ASCH Approved Consultant. Specialty: Emotional / medical trauma in individuals of all ages, couples and families.

Catherine Fine, PhD: Clinical psychologist in private practice, Plymouth Meeting and Bala Cynwyd, PA. Clinical assistant professor of psychiatry, Temple University, Medical School., Executive Coach. Past President: International Society for the Study of Dissociation, ASCH, GPSCH. Fellow: ASCH, ISSD, ISTSS. Publications and workshops on trauma and dissociation, hypnosis and EMDR.

Julie H. Linden, PhD: Licensed Psychologist, private practice, Philadelphia, PA, ASCH Past President, GPSCH Past President. Secretary/Treasurer, International Society of Clinical Hypnosis, ASCH-Approved Consultant. Specialty: treatment of children and the emotional sequelae of chronic illness and trauma.

Workshop Description:

This workshop is geared toward practicing clinicians with at least introductory prior training in hypnosis, and those who would like to refresh their skills. It offers comprehensive instruction in the theory and application of hypnosis in a clinical setting through lectures, demonstrations, exercises, and small group practice with supervision and feedback.

The workshop enables participants to increase their theoretical and practical knowledge of hypnotic skills and applications for a variety of clinical symptoms. Topics of instruction include: advanced and specialized hypnotic inductions, hypnotic susceptibility scales, construction of hypnotic metaphors, ego strengthening, pain management and other medical applications, anxiety and habit disorders, working through trauma, insight-oriented and exploratory hypnosis, and integration of hypnosis into practice. After this training, participants can expect to use hypnosis more confidently with their client population.

**Total teaching hours: 23
Supervised small group practice hours: 8 ½**

Workshop Location: Thomas Jefferson University Alumni Hall, Mezzanine, Room M 23, 1020 Locust Street, Philadelphia, Pennsylvania. Visit www.jeffersonhospital.org for directions.

Learning Objectives:

Upon completion of this workshop, participants should be able to: 1. Describe and demonstrate three advanced techniques to induce a hypnotic trance. 2. Describe and demonstrate two deepening and re-alerting techniques. 3. Describe at least four clinical conditions in which hypnotic techniques may be used. 4. Define and apply two ego-strengthening techniques. 5. Describe three indications and contraindications for hypnotic pain relief. 6. Identify six hypnotic techniques for pain management. 7. Identify three indications and contraindications for age regression and abreactive work. 8. Identify three different techniques for facilitating age regression. 9. Identify three current research findings on hypnosis, memory, and trauma. 10. Identify three methods for cognitive reframing and working through trauma. 11. Explain three hypnotic techniques and their rationale for treating anxiety disorders. 12. Identify four hypnotic techniques to treat sleep disorders. 13. Understand three principles of constructing therapeutic metaphors. 14. Describe three exploratory hypnotic methods. 15. Describe three ethical-legal issues and standards for professional conduct in using hypnosis clinically.

Eligibility: Registrants must hold at least a Masters degree in a health care discipline deemed appropriate by the ASCH from a college or university accredited by its appropriate regional accrediting body. In addition, registrants must be licensed or certified in the state in which they practice.

Students enrolled full-time in a Masters level or better program are eligible to attend at a reduced rate. Students must have completed a minimum of one full semester of the program and must submit proof of full-time enrollment at an ACE-approved institution of higher education on school letterhead that clearly identifies the

individual's program of study, area of concentration (if applicable), level of degree pursued and date of intended graduation.

Full-time residents or interns participating in a recognized residency or internship program may also register to attend at a reduced rate. Residents/interns need to submit correspondence from their supervisor on official letterhead explaining the nature of the residency/internship and date of intended completion of the program.

Psychology Continuing Education Credits: Margolis Berman Byrne Health Psychology, P.C. is approved by the American Psychological Association to sponsor continuing education for psychologists. MBB maintains responsibility for this program and its content. This program is offered for 23 CE hours for psychologists. No credit is awarded for partial attendance.

Clinical Social Worker, Professional Counselor, Marriage and Family Therapist Continuing Education:

As an APA-approved course, the awarded 23 CE credits for full attendance may be submitted to the PA State Board of Social Workers, Professional Counselors, and Marriage and Family Therapists. For questions call the State Board at 717-783-1389.

ASCH Credit: This 23-hour course is approved by the American Society of Clinical Hypnosis (ASCH) and as such is applicable toward membership in the Greater Philadelphia Society of Clinical Hypnosis, the American Society of Clinical Hypnosis, the Society for Clinical and Experimental Hypnosis (SCEH), and toward ASCH Certification requirements.

Americans with Disabilities Act / Special Needs:

The Greater Philadelphia Society of Clinical Hypnosis and Margolis Berman Byrne Health Psychology, P.C. are committed to equality of educational opportunity and do not discriminate against applicants, students, or employees on the basis of race, color, religion, sex, national origin, age, disability, veterans status, or sexual orientation. If you require reasonable accommodations for a disability in order to participate fully in this continuing education activity, you must email gpsch@verizon.net no later than March 11, 2011.

Workshop Schedule:

Saturday, March 19, 2011

8:00 – 8:30 Registration
8:30 – 12:15 Morning Session
12.15 – 1.30 Lunch on your own
1.30 – 5:30 Afternoon Session

Sunday, March 20, 2011

9:00 – 1:30 Sunday Session

Saturday, April 2, 2011

8:30 – 12:15 Morning Session
12.15 – 1.30 Lunch on your own
1:30 – 5:15 Afternoon Session

Sunday, April 3, 2011

9.00 – 1:15 Sunday Session

Note: Each day incorporates a break in am and pm sessions; there will be ample time for questions and practice. You must sign in at each session to receive credit. Certificates will be awarded at the end of the last session on April 3, 2011.

Registration Deadline: 3-11-2011

REGISTRATION: Full payment must accompany registration form in order to be processed. Receipt of registration does not ensure activity attendance because seating is sometimes limited. **Walk-in registrants** will be accommodated if space permits.

Accepted registrations are confirmed via a receipt or confirmation from GPSCH. GPSCH recommends that you do not make any travel arrangements prior to receiving a receipt of payment or confirmation. MBB Health Psychology / GPSCH are not responsible for travel-related costs. **Registration fees are not transferable to another workshop.**

Refund Policy: Registration fees may be refunded, less a \$50 administrative fee, for participant cancellations received by March 11, 2011. **No refunds will be issued for cancellations received after March 11, 2011.** Exceptions will only be granted due to death or severe illness of participant/immediate family member, or governmental restrictions / legal obligations. Written notification and appropriate documentation is required.

Registration Form

(please sign Acknowledgement and Release on back)

Name/Degree _____

Mailing Address (check) Home Business

Address _____

Phone _____ fax _____

E-Mail Address _____

Graduate of _____ Year _____

Employer _____

Specialty/Profession _____

Do you want the 23 CE credits? Yes No

Receipt of registration does not ensure activity attendance because seating is sometimes limited. Accepted registrations are confirmed via email confirmation by GPSCH.

GPSCH recommends that you do not make air travel arrangements prior to receiving a receipt of payment or confirmation. GPSCH and/or ASCH-ERF are not responsible for travel-related costs.

Fees: \$350.00 GPSCH Members
\$450.00 GPSCH Non-Members
\$250.00 Interns/Residents (with proof of status)
\$200.00 Students (with proof of status)

Mail your completed Registration Form (above), proof of status (if applicable), signed Acknowledgement and Release Form (see back) and full payment by check, made payable to "GPSCH", to:

GPSCH c/o Subha Robinson
1130 Robin Road
Gladwyne, PA 19035-1008