



**The Greater Philadelphia Society
of Clinical Hypnosis**

A Component Section of the American Society of Clinical Hypnosis

MEETING: Sunday, January 9, 2011

Time: 10:00 am to 12:00 pm (*see schedule below*)

2 CE Credits for Psychologists and ASCH Certification/Re-certification

ROXBOROUGH MEMORIAL HOSPITAL (RMH), WOLCOFF AUDITORIUM
5800 Ridge Avenue, Philadelphia, PA (*directions on page 2*)

**HYPNOTIC ELEMENTS IN VARIOUS
PSYCHOTHERAPEUTIC TECHNIQUES: FROM
PSYCHOANALYSIS TO EMDR**

Presenter: John M. Hartke, Ph.D.

In the view of some historians, hypnosis is more than two thousand years old. Sigmund Freud began his clinical career with the practice of hypnosis, but then created psychoanalysis. Since that time, many psychotherapeutic theories and techniques have developed.

In this workshop, we will look at five different examples of psychotherapy that do have hypnotic elements. We will be able to see that hypnosis has been more widely used than has been recognized. We will see some examples of how hypnosis is used directly and others where it is used indirectly. These examples include psychoanalysis (Watkins, 1992), meditative therapy (Emmons, 2000), marital therapy (Luquet, 1996), EMDR, and coaching. Understanding the various uses of hypnosis can help therapists broaden their practice.

This workshop will be both didactic and experiential.

Learning Objectives

At the conclusion of the workshop, participants will be able to:

1. Describe the use of hypnosis in five different therapeutic techniques.
2. Consider new uses of hypnosis in their practice.
3. Experience the use of hypnosis in a coaching program.

Presenter

John M. Hartke received his Ph.D. in clinical psychology at Temple University. He has earned two certifications in psychoanalysis, ASCH certification in clinical hypnosis, and three certifications in coaching. He has worked with teenagers, adults, and senior citizens. His specialities include alcohol and substance abuse and marriage therapy. He has helped clients with anxiety, depression, and career issues.

Program Schedule:

09:45 AM Registration
10:00 AM Introduction
10:05-11:45 Presentation
11:45-12:00 Q&A
12:00 Conclusion of Program

Mark Your Calendars: *Sunday, March 13, 2011* – Ed Mackey, CRNA, MSN, PhD, Eric Spiegel, PhD, and one other TBD, *Inductions for All Seasons*, RMH, 2CE Credits.

March 19-20 and April 2-3;2011 – *Intermediate Clinical Hypnosis Training*
GPSCH Faculty TBA, TJU, 23 CE Credits

Sat/Sun, April 9-10, 2011 - 9-5 both days - Maggie Phillips, PhD
Finding the Energy to Heal Pain and Trauma, TJU, 12 CE Credits.

Target Audience: This program will be of interest to health care professionals such as physicians, psychologists, nurse practitioners, nurses, marriage and family therapists, and social workers who are interested in providing effective and responsible hypnosis treatment.

Psychology Continuing Education: Margolis Berman Byrne Health Psychology, P.C. (MBB) is approved by the American Psychological Association to sponsor continuing education for psychologists. MBB maintains responsibility for this program and its content.

Clinical Social Worker, Professional Counselor, Marriage and Family Therapist Continuing Education: As an APA –approved course, the awarded 2 CE credits for full attendance may be submitted to the PA State Board of Social Workers, Professional Counselors, and Marriage and Family Therapists. For questions, call the State Board at 717-783-1389

ASCH Credit: This 2 CE workshop is approved by the American Society of Clinical Hypnosis (ASCH) and as such is applicable toward membership in the Greater Philadelphia Society of Clinical Hypnosis (GPSCH), The ASCH, the Society for Clinical and Experimental Hypnosis (SCEH), and toward ASCH certification requirements.

Credit Certificates: There is no charge for those who wish to obtain ASCH certification or re-certification of CE hours. For those who wish to obtain CE credits, the fee is \$20 for GPSCH members and \$40 for non-members (check payable to GPSCH). There is no advance registration, and you must pay for the CE credits on-site. Upon signing the on-site Registration Form, it is understood that you have read and accepted the Acknowledgement and Release. A Certificate of Attendance will be provided upon completion of the presentation. No credit is awarded for partial attendance.

Special Needs: The Greater Philadelphia Society of Clinical Hypnosis and Margolis Berman Byrne Health Psychology, P.C. are committed to providing access and support to persons with special needs who wish to participate in the programs we sponsor. If you have any questions, or if you require reasonable accommodations for a disability in order to participate fully in this continuing education activity, please contact Subha Robinson, GPSCH Administrative Director, at gpsch@verizon.net

***** **Directions to Roxborough Memorial Hospital** *****

From the Main Line / Valley Forge Area: Take the Schuylkill Expressway (1-76) east bound. Exit at the Belmont Exit (Exit 338). Turn left at the bottom of the ramp and cross the Schuylkill River. Go up Green Lane to the top of the hill. At the first traffic light, turn right onto Ridge Avenue. The hospital is just past the third traffic light (about 6 blocks). Turn left past Roxborough onto Jamestown Street. The parking lot is on the right.

From Center City: Take the Schuylkill Expressway (1-76) west to Exit 340 A (Lincoln Drive-Kelly Drive). Stay in the right lane and take the ramp leading to Ridge Avenue West. The hospital is on the right side of Ridge Avenue, five traffic lights after exiting 1-76.

From Northeast Philadelphia: Take Route 1 South to the Ridge Avenue exit. Turn right and follow Ridge Avenue for five traffic lights. The hospital is on the right side of Ridge Avenue after the Walnut Lane intersection.

From North Philadelphia: Take Broad Street to Roosevelt Blvd. and follow the same directions as “From Northeast Philadelphia.”

From Mount Airy: Take Washington Lane to Wayne Avenue. Turn left onto Wayne Avenue. Follow to Walnut Lane. Turn right onto Walnut Lane and drive about three miles (over Wissahickon Avenue and Henry Avenue) to Ridge Avenue. Turn right onto Ridge Avenue. The hospital is one-half block up Ridge Avenue.

Parking is in the hospital parking lot on Jamestown Street, and it costs \$3.00 (paper or coin operated machine, for unlimited duration). Street parking is limited but free. We will meet in the Wolcoff Auditorium, a separate building (pink-red brick) on the hospital campus. It is just a short walk from the parking lot along the service drive.

In the event of inclement weather, call the Roxborough Hospital switchboard at 215-483-9900 to confirm whether this meeting has been postponed or cancelled; we will also send a notice via e-mail.